Dear Parents/Carers

On **Friday 16th December,** Year 3 and 4 will be travelling back to 43AD to exit our exciting topic of the Romans!

Throughout the morning, pupils will be taking part in lots of exciting activities including re-enacting Roman army formations and indulging in a Roman banquet.

Pupils are free to dress up as a Roman for the morning, but remember to keep warm.

If pupils wish to dress up, please either send your child in school uniform for them to get changed into their Roman outfit or bring the school uniform in with them so they are ready to change for afternoon lessons.

To help us create a Roman banquet, it would be helpful if you could send your child in with some food for pupils to share. This is a useful link which will help you make a choice for what food to send in <https://kidskonnect.com/history/roman-food/>.

The link explains that Roman food was mainly fruit and vegetables including apples, almonds, carrots, celery, dates, pears, plums and grapes. They also had cheese and because there was no sugar, honey as a sweetener.

**Although the Romans did eat meat and fish, please do not provide these and for obvious reasons no wine.**

Thank you for your help.

Kind regards

Mrs Blackburne-Maze Miss Stinton Miss Owens