



## Reception Home Learning Grid Spring – Healthy Me, Healthy You, Healthy Us!

We would like the children to focus primarily on their reading skills at home. We have therefore set only one piece of home learning per half term. The children can choose from one of the options below or think of their own idea! They can bring in what they have been working on during the week beginning 4<sup>th</sup> February and 25<sup>th</sup> March 2019 to share with others. If you need any resources printed or require further support, please let Miss Pearson or Miss Brown know.



### Weekly Reading

Please could the children read at **least 3 times** a week at home.

Please record what they have read, how they coped and what they were able to discuss in their Reading Diary. These need to be returned daily so that teachers can monitor their reading and change their books. Books will be changed every Monday and Friday.

Find, read and follow a recipe and take photos of what you have made.	Teach someone the 'Bean' game eg Baked bean, runner bean, jumping bean, French bean. Can you think of any other beans you could add to the game?	Find 10 foods in the supermarket that come from the same country. Write what they are and draw/ photograph them.
Create your own shopping list and help at the supermarket – look for prices and record how much different items were.	Use your senses! Ask an adult to blindfold you. They should then feed you some foods. You should use your sense of smell, touch and taste to work out which foods you have been given. You could take a picture and record what foods you have eaten.	Create a picture of a food you like using paints/collage/pencils. Think about what colours you are going to use and how are you going to make it look really scrumptious.
Keep a food diary for a week, from Monday to Friday. Write down what you eat each day for breakfast, lunch and dinner, including any snacks and drinks you have.	Use a fruit or vegetable to print a pattern using paint.	Try a new food or food from another culture. Use your senses and think about how you could describe it. You could take photos of the food to record what you thought.