

3 Develop their memory skills

One problem that parents across the UK have started to recognise is that the younger generation now have little need to memorise things such as phone numbers any more. Though this seems small, it can be can be detrimental to our children's memory skills.

Try encouraging your children to memorise your phone number and their grandparents'/best friend's phone number, then test them on the numbers occasionally. This can easily be turned into a game or reward system. This not only helps develop their memory skills but also helps keep them safer when they're away from you.

Once they've mastered phone numbers, encourage them to memorise more things such as nursery rhymes, a quote from a book or TV show they like, or prayers to extend their memory skills.

4 Play maths games together

Games are a great way to bond with your children, but also many games use mathematical and logical skills that your children will need in later life. Even a simple game such as a jigsaw puzzle helps children to develop logical and spatial awareness skills. Furthermore, games like snakes and ladders enable children to count the rolls of the dice, which helps develop their counting skills.

5 Watch out for shapes

When you look around, everything is made out of shapes. So why not encourage your children to learn the names of shapes when you're out and about to entertain them? They could identify car wheels as circles, windows as rectangles and even tiles as hexagons or whatever shape they may be!